

## ***Achillea ptarmica*** **Marshmallow**

### **Culture guide**

**Uses:**

Perennial, first year flowering. Pot plant for sales from May onwards, for use in containers, borders, and perennial gardens.

**Exposure:**

Sun

**Garden height:**

12" / 30 cm

**Crop time:**

11-13 weeks

**Sow time:**

February-April for flowering in May-July,  
September for flowering in the following year

**Sowing method:**

Multiple sow, 2-3 seeds per plug

**Germination:**

10-15 days at temperatures of 65-70 °F (18-21 °C), in media with low soluble salt levels and a pH range of 5.8-6.5. Light is required for germination. Finish plugs at 60-65 °F (15-18 °C).

**Growing On:**

Grow on at temperatures of 55-60 °F (13-15 °C). In spring, begin forcing plants at temperatures of 60-65 °F (15-18 °C).

**Media:**

Use a friable, coarse-fibered substrate with a pH of 5.8-6.5.

**Temperature:**

13-15 °C (55-59 °F), start ventilating at 20 °C (68 °F). Plants may be overwintered in house at 3-5 °C (37-41 °F) or in the field. For outdoor overwintering, cover with a non-woven cloth.

**Fertilization:**

Requires high nutrient levels.